



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)</p>		<p>turkey Ham & Beans - 9062 (ch b) chicken stew ch7022 Mixed Vegetables (2 servings) Cornbread / Margarine Fruit Punch 100% Animal Crackers Diet: same</p>	<p>Chili w/Spaghetti - 9064 (ch b) spaghetti w/ marinara ch7055 Vegetable Medley (2 servings) Cheddar Cheese Unsalted Saltine Crackers (2 pk) Pineapple Tidbits Diet: same</p>	<p>Chicken Tikka Masala - 9110 (ch b) beef & rice w/gravy ch7041 Brown Rice Carrots Broccoli Applesauce Chocolate Chip Cookie Diet: same</p>	
<p>Chicken & Potato Casserole - 9315 (ch b) roast beef & gravy ch7025 Broccoli (2 servings) Wheat Bread (2 slices) Margarine Pears Diet: same</p>	<p>Turkey Sandwich on Wheat - 9032 (ch b) ham sandwich on wheat ch7044 Creamy Vegetable Soup w/ Crackers (cong only) Potato Salad Coleslaw Peaches Mayo (for turkey only) Mustard (for ham only) Diet: same</p>	<p>Lemon Pepper Fish - 9033 w/ Tartar Sauce (ch b) chicken tenders ch7009 Brown Rice Scandinavian Veggies (2 servings) Dinner Roll / Margarine Fruit Cocktail Diet: same</p>	<p>Pork Cutlet w/Gravy - 9003 (ch b) chicken w/gravy ch7008 Green Beans Beets Wheat Bread (2 servings) Margarine Orange Juice 100% Sponge Cake</p>	<p>Spaghetti & Meatballs - 9035 (ch b) cheese ravioli ch7030 w/ Marinara Italian Vegetables Spinach / Vinegar Apple Juice 100% Parmesan Cheese Mini Chocolate Eclairs Diet Alt: Chocolate Sponge Cake</p>	
<p>Salisbury Steak w/Gravy - 9029 (ch b) chicken w/gravy ch7008 Whipped Sweet Potatoes Mixed Vegetables Wheat Bread (2 slices) / Margarine Pineapple Tidbits Diet: same</p>	<p>Smoked Turkey Sausage w/ Sauerkraut - 9055 (ch b) meatloaf w/ gravy ch7016 Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup Diet: same</p>	<p>Summer Salad - 9070 w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Unsalted Saltine Crackers (2 pk) Ranch Dressing (ch b) beef & noodles w/gravy green beans, diced carrots ch7052 Orange Juice 100% Animal Crackers Diet: same</p>	<p>Chicken and Brown Rice w/ Gravy - 9023 (ch b) beef/brown rice/gravy ch7041 Broccoli Diced Carrots Wheat Bread / Margarine Peaches Diet: same</p>	<p>Country Fried Steak w/Gravy - 9063 (ch b) grilled chicken brst ch7026 Potato Wedges Green Beans Wheat Bread / Margarine Grape Juice 100% Chocolate Sponge Cake Diet: same</p>	
<p>Grilled Chicken w/ BBQ Sauce - 9049 (ch b) hamburger ch7006 Potato Wedges Cheesy Broccoli Bun Strawberry Applesauce Diet: same</p>	<p>Hawallan Pineapple Ham - 9094 (ch b) pineapple topped chicken ch7013 Whipped Sweet Potatoes Peas Wheat Bread (2 slices) Margarine Mandarin Oranges Diet: same</p>	<p>Italian Chicken - 9042 (ch b) fried steak italiano ch7011 w/ No Salt Added Marinara Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake Diet: same</p>	<p>Ham Sandwich on White - 9125 (ch b) roast beef sandwich on white ch7031 Tomato Soup w/Crackers (cong only) 3 Bean Salad Potato Salad Peas Mustard (for ham only) Horseradish (for roast beef only) Diet: same</p>	<p>MEMORIAL & B-DAY PARTY Hamburger - 9071 (ch b) sliced deli ham ch7005 w/ Swiss American Cheese slice Baked Beans Broccoli Bun Pineapple Mustard / Ketchup Diet: same</p>	
<p>Memorial Day </p>	<p>Cinci Four-Way - 9112 (ch b) spaghetti w/ marinara ch7055 Kidney Beans Broccoli Cheddar Cheese Oyster Crackers Applesauce Diet: same</p>	<p>BBQ Beef - 9051 (ch b) grilled chicken brst ch7026 Peas & Onions Peach Dessert Cole Slaw Bun Diet: same</p>	<p>Meatloaf w/ Gravy - 9072 (ch b) chicken w/ gravy ch7008 Mashed Potatoes Carrots Wheat Bread (2 slices) Margarine Fruit Cocktail Diet: same</p>	<p>Chicken Alfredo over Spaghetti - 9065 (ch b) beef & noodles w/gravy ch7052 Broccoli Carrots Cinnamon Apples Diet: same</p>	