



Anderson Township Senior Center
 7970 Beechmont Ave.
 Anderson Township, OH 45255
www.andersontownship.org/senior-center

SENIOR Lifestyle

A PUBLICATION OF THE ANDERSON TOWNSHIP SENIOR CENTER

Sign-up day is Wednesday, Oct. 24 at 9 a.m.

Anderson Township Senior Center is closed November 22 and 23 and December 24 and 25.

Weekly Schedule - Anderson Township Senior Center Hours 9 a.m. to 2 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 a.m.	Silver Sneakers Cardio Oil Painting		Woodcarvers	Watercolors	Silver Sneakers Cardio
10 a.m.	Bridge	Chair Volleyball Silver Sneakers - Strength and Balance	Blood Pressure Line Dance Boutique 10-1	Bridge Lessons Yoga Boutique 10-1	
10:30 a.m.			500 Card Group	Beginner Bridge	Tai Chi
11 a.m.		Duplicate Bridge Group	Duplicate Bridge Group		
11:30 a.m.	Tap Dancing		Music w/ Drake		
11:30 a.m. - 12:30 p.m.	Lunch	Lunch Quilting	Lunch	Lunch Creative Circle (second and fourth Thursday)	Lunch
12 p.m. 12:15 p.m.	Stability Silver Sneakers - Exercise	Euchre			
1 p.m.	Beginner Line Dance		Tai Chi		

Center's Health and Wellness Fair Helps Keep You Active

Stop by the Anderson Township Senior Center this fall for a community Health and Wellness Fair set for 10 a.m. to 1 p.m. Friday, Nov. 2.

Fifteen local health care professionals and vendors will provide information and screenings to keep older



community members healthy and active. The event is sponsored by the Anderson Township Senior Center and Acute Hearing Solutions.

Musical entertainment, snacks and door prizes will be offered.

Radio Legend Jim Scott Visits Center



Join an on-air radio legend, Jim Scott, at 10:30 a.m. Monday, Nov 5 for a lively presentation called "Thanks for Listening."

Scott began his radio show career in 1960 in his hometown of Binghamton, New York. He eventually moved to Cincinnati and ended up at 700 WLW in 1984.

During his decades at WLW, the host interviewed dignitaries and celebrities, presidents and civic leaders, movie stars and sports icons. He's a longtime volunteer and has served with Big Brothers and Sisters and the Cincinnati Playhouse. Jim and his wife currently live and play on a farm in Lawrenceburg, Indiana.

Holiday Festivities Line Up During November and December

Lots of fun is coming up in the next few weeks at the Anderson Township Senior Center. Don't miss these holiday events! Some require reservations.

Thanksgiving Luncheon Spectacular - Monday, Nov. 19
Reservations by November 15.

Volunteers Trim the Tree - Tuesday, Nov. 20

Forest Aires Holiday Performance - Thursday, Dec. 6

CSO Holiday Pops Concert at Music Hall - Saturday, Dec. 8

Russ & Barb-Down Home Christmas Musical Program - Monday, Dec. 10

Cincinnati Ballet Nutcracker at Music Hall and Lunch Out - Thursday, Dec. 13

Holiday Saxophone Music with Keith Neer - Friday, Dec. 14

Ugly Sweater Christmas and December Birthday Party - Monday, Dec. 17.
Reservations by Thursday, Dec. 13.

Holiday Guitar and Piano Music with Les - Thursday, Dec. 20

"Growing old is humbling and it takes effort to accomplish this stage of life with dignity."

— Kilroy J. Oldster

Mission Statement • Through its operation of the Anderson Township Senior Center, Anderson Township will further its ongoing mission: **"To provide services which protect and enhance the quality of life in our community."**
AndersonTownship.org/senior-center

HOURS
 Monday-Friday
 9 a.m.-2 p.m.
PHONE
 474-3100

Claire O'Connell
 Activities Manager
COConnell@AndersonTownship.org
Janell Schaeffer
 Member Services Coordinator
JSchaeffer@AndersonTownship.org

Trips and Events

Note: All return times are approximate.

Senior Center Membership Renewal Opens Soon

Beginning in November, the Anderson Township Senior Center will accept membership renewal for 2019.

Cost of membership remains the same for 2019.

- Resident -\$30 single, \$45 per couple
- Nonresident- \$40 single, \$65 per couple

Renewal forms can be found online at AndersonTownship.org/senior or at the senior center.

NOVEMBER

Piano Music with Annie

THURSDAYS: NOV. 1 AND 15 • TIME: 10:30 A.M.

Health and Wellness Fair

FRIDAY, NOV. 2 • TIME 10 A.M.-1 P.M.

Local health care providers will provide screenings and education. Snacks, entertainment and door prizes planned. Open to the public.

Premier Program

WLW Radio Icon Jim Scott Program “Thanks for Listening”

MONDAY, NOV. 5 • TIME: 10:30 A.M.

Cost: None for members, \$2 guests.

Jamming with Jim Lindenschmidt-Guitar and Piano Music

TUESDAY, NOV. 6 • TIME 11:30 A.M.

Creative Expression Through Art – Building Hopeful Vision for the Future

WEDNESDAY, NOV. 7 • TIME: NOON

Presented by Karin Kirkendol from Winefield House.

Card Class with Beth

THURSDAY, NOV. 8 • TIME: 10:45

Cost: \$2 members, \$5 guests.

History Program with Diane Shields

THURSDAY, NOV. 8 • TIME: NOON

Topic is World War II D-Day. Cost: None for members, \$2 guests.

Veterans Day Tribute and November Birthday Party

FRIDAY, NOV. 9 • TIME: 10:30 A.M.

Musical entertainment, November birthday party celebration and honoring members who served. The senior center is collecting donations for the Joseph House which serves veterans. Please bring new men's socks and undershirts size L-2XL.

Little Big Band Musical Group

MONDAY, NOV. 12 • TIME: 10:30 A.M.

Enjoy hits from 1920-1950.

Procter & Gamble History Program

TUESDAY, NOV. 13 • TIME: 1 P.M.

Look back at 181 years of P&G history and stories from the great brands. Presentation given by Shane Meeker, associate director corporate storyteller and company historian.

Mystery Lunch Bunch Trip

THURSDAY, NOV. 15 • DEPART: 10:45 A.M. RETURN: 1:30 P.M.

Cost: \$2 members, \$5 guests.

East Side Technology Talk

THURSDAY, NOV. 15 • TIME: NOON

Check website: <http://bit.ly/EastsideTechTalk>

Author's Corner-Vivian Kline-“Let Freedom Sing: Of 19th Century Americans: An Historical Novel or Could It Be a Musical?”

FRIDAY, NOV. 16 • TIME: 10:30 A.M.

Don't miss the chance to meet this dynamic lady and author.

Thanksgiving Luncheon Spectacular

MONDAY, NOV. 19 • TIME: 10:30 A.M.

Special performance by Spitting Image. Reservations required by November 15.

Book Blitzers

MONDAY, NOV. 19 • TIME: 12:30 P.M.

Copies of book available at front desk.

Trim the Tree

TUESDAY, NOV. 20 • TIME: 8:30 A.M.

Volunteers needed to assist with decorating the center.

Study with Pastor Jones

TUESDAY, NOV. 20 • TIME: NOON

Music with Dean & Dave

TUESDAY, NOV 20 • TIME: 10:30 A.M.

Medicare Advantage Program by Bright Health

WEDNESDAY NOV. 21 • TIME 12:30 P.M.

Learn about this new in house provider to Cincinnati Area.

Cincinnati Art Museum Program-Landscapes and Art

MONDAY, NOV. 26 • TIME: NOON

Discover the ways the art museum collections have portrayed landscapes in art.

Guitar and Piano Music with Les

TUESDAY, NOV. 27 • TIME: 11:30 A.M.

Playhouse in the Park Presents “Cincinnati King”

WEDNESDAY, NOV. 28 • DEPART: 11:45 A.M.

RETURN 3:30 P.M. (APPROXIMATELY)

Cost: \$50 members, \$55 guests.

Price includes lunch and show. Celebrate a piece of Cincinnati's rich history with this musical about King Records.

DECEMBER

Hamilton County Library Program- Downloading Digital Materials

MONDAY, DEC. 3 • TIME: 10:30 A.M.

Bring your device and learn how easy it is to download digital material from the library.

ArtWorks Mural Tour and Lunch

WEDNESDAY, DEC. 5 • DEPART: 9:30 A.M. RETURN: 2 P.M.

Cost: \$35 members, \$40 guests.

Price includes motor coach tour, ArtWorks tour guide. Lunch not included.

View and learn about the grand scale of the Cincinnati's amazing collection of murals.

Forest-Aires Holiday Performance

THURSDAY, DEC. 6 • TIME: 10:45 A.M.

Cost: None for members, \$2 guests

Guitar Music with Jim

FRIDAYS: DEC. 7 AND 21 • TIME: 10:30 A.M.

Make a Fragrant Christmas Ornament

FRIDAY, DEC. 7 • TIME: NOON

Hang on a tree or use as room scent.

CSO Holiday Pops Concert at Music Hall

SATURDAY, DEC. 8 • DEPART: 1 P.M. RETURN: 4:30 P.M.

Cost: \$50 members, \$55 guests.

Russ and Barb-Down Home Christmas Musical Program

MONDAY, DEC. 10 • TIME: 10:30 A.M.

Piano Music with Annie

THURSDAYS DEC. 13 AND 27 • TIME: 10:30 A.M.



Card Class with Beth

THURSDAY, DEC. 13 • TIME: 10:45 A.M.

See samples at front desk. Cost: \$2 members, \$5 guest.

East Side Technology Talk - Holiday Meeting

THURSDAY, DEC. 13 • TIME: NOON

Check website: <http://bit.ly/EastsideTechTalk>

Cincinnati Ballet Nutcracker at Music Hall and Lunch Out

THURSDAY, DEC. 13 • DEPART: 9:30 A.M. RETURN 3 P.M.

Cost: \$30 members, \$35 guests. Price includes charter bus and ballet. Lunch not included.

Holiday Saxophone Music with Keith Neer

FRIDAY, DEC. 14 • TIME: 10:30 A.M.

Ugly Sweater Christmas and December Birthday Party

MONDAY, DEC. 17 • TIME: 10:30 A.M.

Music by the Golden Eagles. Reservations required by Thursday, Dec. 13.

Book Blitzers

MONDAY, DEC. 17 • TIME: 12:30 P.M.

Copies of book available at front desk.

Study with Pastor Jones

TUESDAY, DEC. 18 • TIME: NOON

Meet at Belterra Park Casino

WEDNESDAY, DEC. 19

Stop by the center and complete manifest. Required by 12/12 as well as valid ID for casino promotion. Free lunch buffet. Meet any time after 10 a.m. No phone reservations taken.

Holiday Guitar and Piano Music with Les

THURSDAY, DEC. 20 • TIME: 10:45 A.M.

Music with Dean and Dave

FRIDAY, DEC. 28 • TIME: 10:30 A.M.

Sign up for programs is encouraged

Sign up for programs by calling 474-3100 weekdays during senior center hours. Registration is not required but is requested.

If you want to make an **advance lunch reservation**, call the Anderson Township Senior Center at 474-3100. Suggested donation is \$1 per meal. Reservations for lunch are required.

Members may attend premier programs at no charge. A guest fee applies to premier/special speakers and programs.